FSC 2020 6/26/20

Eric D Chair

Serenity Prayer

Traditions Read

Announcements-

Eric- Please follow the rules at the meeting place that we are using for this FSC. The EFSC September 17th-20th. Traditionalist Gathering July 11th Fort Mott State park. FSC June 25th -27th in Hamburg, PA Clean Stock September 25th-27th Lexington, Ky.

Introductions-

Group Reports-

A Different Look Group Report

We are a Closed Meeting, For Addicts Only. Our format is literature study and we meet Saturdays @ 8PM. We are currently studying the Greybook. The literature keeps us grounded as we carry a clear NA message. Prior to the pandemic, our attendance averaged eight addicts. Due to the pandemic, we switched to the Zoom platform. Attendance has been a little higher than when we met face to face. Recently, we met with the church and they have laid out conditions for reopening. We are planning to continue with the Zoom platform after we reopen face to face since some out of towners have expressed an interest in attending. Meeting ID: 876 0240 9459, no password https://us02web.zoom.us/j/87602409459

Group Hengelo 2020

Hengelo Group consists out of seven Home Group members.

We meet on Tuesday, Wednesday (Enschede), Thursday, Saturday, and Sunday. At every meeting we have some service positions like:

- Greeter
- Chair person
- Literature person
 - One treasurer per meeting (we have multiple treasurers, to spread the risk for diseased thinking)
- Coffee servant
- Key keepers
- Info Line servant

We have an attendance between four and twenty people from various places (also Zwolle/Lelystad Group members attend). Currently we have switched to Zoom due to the COVID-19 pandemic. And we've also started two out of five physical meetings, because some of the restrictions of the public have been lifted. Every change in our meeting schedule can be found on the website.

The Wednesday meeting in Enschede is being sponsored by the Hengelo Home Group until it can be self-sufficient.

All our meetings use literature written by addicts, for addicts, and is financed through our Seventh Tradition, so we can give it away freely to the still suffering addict. This also counts for all literature we present on the table at every meeting.

We read from the Gray Book on Thursday and Sunday. On Wednesday we read from the IWHW '85. We only read the Steps out of that book; as the Traditions part is diluted and off. On Tuesday and Saturday we read the rough draft version of the translated Basic Text Third Edition Revised. With Original 4th and 9th Tradition. Our members believe in Total Abstinence from all mood and mind altering substances as the cornerstone of our Program and we stand strong on this. We do our best to carry a clear N.A. message. We believe in the Twelve Traditions, not in concepts. Our Home Group is registered to the ASIS-structure.

Our meetings are a healthy environment for addicts seeking recovery. In all Group Conscience meetings, where we do our Group Inventory, the atmosphere of recovery is rated as 'good/strong'.

Before we start the Group Conscience, we start with prayer to invite God into our room. After that we always read the complete Second Tradition. This way our personalities and egos have less chance of taking over the Group and we make space for a loving God to express Himself in our Group Conscience. Newcomers, visitors and addicts returning after relapse are welcomed back in a loving and caring manner. Support is offered to any drug addict who wants what we have to offer and join our way of life (Third Tradition).

We also participate at the Fellowship Service Conference (FSC). We host the European Fellowship Service Conference (EFSC) every year since we started it five years ago. This is fulfilled with help and support from other ASIS registered Groups in the Netherlands and abroad. After this year we will hand over that service to the Group in the South.

Our Home Group has (co)hosted many little events, done by addicts for addicts, like Translation days and Flowread days. Some other projects include things like writing our own IP's in open-participation and translations of Traditional/old school materials like the Step Writing Guide. Aside from the meetings, and the Conferences, we also host, and participate in translating the Baby Blue (also known as the Free Basic Text Third Edition Revised. With original 4th & 9th Traditions) into Dutch. A while ago we also started writing our own I.P. This is a work in progress. One of our Home Group members has begun translating the Gray Book and the IWHW'85 Blue Form, but that is a rough draft that we can use later on for future translations done in open-participation.

Looking at our finances, we spend every Euro we have on rent (including coffee and tea) and on furthering of our primary purpose. We can support them, because we are financially stable, and our members are committed. If there is some money left, we send literature to Groups in the Netherlands and on an international level. We print and bind all our literature and we are fully selfsupporting (Seventh Tradition). There is a strong atmosphere of recovery. People from other Groups and newcomers say they like it and recovery can be found in our meetings.

Our Home Group has close contact with other Groups and members in the Netherlands and far beyond, whom also believe in the way N.A. is originally founded. We reach a lot of addicts. Since we have done some Public Information in the form of putting up posters with the Swedish at the EFSC last year, we decided to look into

this more thoroughly, and see what is possible. In our Group Conscience we are still discussing how to best inform the public in our area of our existence.

Looking back at last year we have had some huge bumps and possibilities to grow, and we did. We learn and grow as individuals in personal recovery, but also as a Home Group. We are getting more understanding and experience with Group Conscience and how to apply the Principles found in the Steps & Traditions.

We are excited for the coming FSC in June (unfortunately we don't have the possibility to have representatives in person due to Covid-19 measures) and the EFSC in September in the Netherlands!

Proposal Webpage www.nahelp.org FSC 2020

Proposal:

Move domain name www.anonymifoundation.org + webpage and domain name www.nahelp.org to a new Hosting Company and built it with WordPress.

Intent proposal:

- More functionalities in building the webpage
- Cheaper hosting
- Improving accountability
- More secure

Current situation:

- 1. Hosting company: GoDaddy
- 2. We have ownership over 2 domain names (\$45,38 every year for the 2 domain names to renew ownership)
- 3. Website builder (\$15,75 every month)
 All on the name of a member (the account)
- 4. Yearly costs: around \$234,38

At this moment we pay for the website builder every month. July 2020 has been payed for.

Proposal extra information:

- 1. Hosting company: Bluehost
- 2. Move 2 domain names. This will cost us \$17,99 to move them and own them the first year. After the first year it will cost \$35,98 every year to own the domain names.
- 3. No more website builder. But use WORDPRESS as the webpage builder (An example will be shown at the FSC 2020) and start paying for Hosting only.

Cost: \$2,95 a month for the first 36 months (\$106,2 for 3 years) and after that it will be \$7,99 a month for 36 months (\$287,64 for 3 years)

https://www.bluehost.com/wordpress/wordpress-hosting



Why use Wordpress: easier to use and the program Wordpress is free. To host this is also cheaper. Next to that there will be more freedom, functionalities and options in building the webpage. You only pay for extra's plugins or theme's if needed. It also gives us the possibility to allow someone acces to the backend of the webpage to make changes without getting into the hosting account with acces to all the information (finances, ownership of products, etc)

- 4. Yearly costs upcoming 3 years:
- Year 1: \$124,19 (domain name + hosting 3 years)
- Year 2: \$35,98 (domain names)
- Year 3: \$35,98 (domain names)
- Year 4: \$323,62 (domain names + hosting 3 years
- · Year 5: \$35,98 (domain names)
- Year 6: \$35,98 (domain names)

Average yearly amount: \$98,62

What is needed to make this happen?

Steps:

- Build webpage offline (as good as done already)
- Buy hosting for the first 3 years.
 Move 1 domain name: www.nahelp.org
- 4. Import the webpage on that Wordpress installation. (anonymifoundation.org will stay online, the current webpage is build on this name and the <u>nahelp.org</u> just links forward to it).
- 5. Move the second domain name: anonymifoundation.org

This way we can rebuilt the webpage without major changes in the way it looks, put the new one online before the old one is taken off, and keep ownership of our domain names.

Home Group N.A. Zwolle (A Way Out Group)

Our Group currently has 7 members who are actively present, servicing and participating in the Group conscience. We meet on Sunday, Monday, Tuesday, Wednesday and Friday. Average number of people at the meeting is between 4 and 11 people. Since march 16th we had less people attending because we switched to online meetings on Zoom.

We were about to move to a new location when Covid-19 broke out. Since then we have held all meetings on Zoom. From June 2020 we will meet again at the old location because the new location is too small to take the rules into account. We hope to move in the near future. At this moment we still have 2 meetings on Zoom.

In the past year we have been busy with PI by distributing posters on the hangings and flyers. Several addicts have found our meetings through that way. We are also in conversation with the local prison, this is where our literature is now. They would like more literature when the Dutch translation of the Basic Book is finished. They also want to invite us to get acquainted with the professionals who work there and are in contact with the prisoners.

Members of our Group maintain the website and are responsible to the Groups that use the website. We have made a set-up for a two monthly website report which we send to the Groups. In the past year the website www.nahelp.nl has been completely rebuilt and renewed.

Our meetings:

- Sunday: we translate literature for the meeting and read it during the meeting.
- Monday: we read from the Grey Book
- Tuesday: we read a Step of Tradition from the Review & Input Form of the Dutch translation of the 3th Ed. Rev. With original 4th and 9th Traditions.

- Wednesday: these meetings are in Lelystad. Here we read from the Grey Book. Here we started translating a GBR two months ago and read it during the meetings.

- Friday: we read from the Review & Input Form of the Dutch translation of the 3th Ed. Rev. With original 4th and 9th Traditions.

Active motions:

- We are investigating how we can use Zoom for our Home Group and if we want to have a meeting online in cooperation with other Groups.

- We investigate if we want to stop translating on Sundays and use the time to perform PI tasks.

- We are investigating whether we would like to hold a monthly speaker meeting.

Our Group participates in A.S.I.S. and is present at the F.S.C. and the E.F.S.C.

Some of our members go the meeting in Hengelo weekly on thursday and saturday.

Our Group is also involved the translation process of the Dutch 3th Ed. REv. With original 4th and 9th Traditions.

Äntligen Fria Gruppen (Finally Free Group)

Locations: Delsbo, Hudiksvall and Ljusdal

Status: 3.5 years.

Meetings: Mon- Wed- Thu- Fri and Sunday. Closed meetings. 3 different locations. No

announced ending. (Sunday's).

Literature studies. Literature topic meetings and Friday we read from the draft of the Swedish translation of the Grey Book .

Not that many newcomers, some visitors. Attendance: 2-10 addicts. 4 committed members.

PI/H&I efforts

H&I Lindalen treatment centre every Tuesday. H&I every three months at a rehab center Ljusdal.

nahelp.se

We have a history table.
Free literature.
We have one IP "To grow together through meetings" that has been Group approved. Written by members of the home group.
Business cards.
We have guidelines concerning service in our Group.
Service posts
GSR.
Treasurer.
Secretary.
We have Group conscience meeting once a month. Separate Group inventory once a month.
Ongoing literature projects: Translation Baby Blue (second run through). Going over the interpretation/translation Grey Book every Friday.
Difficulties: To reach newcomers. We're the only Group in Sweden that is part of A.S.I.S. It would be great to have another Group to work with.
Upcoming services: Continuous PI Ljusdal and H&I Lindalen. There's members committed to go to the EFSC in September.

Hello Family,

Grateful Wakeup Group

Posters.

This year has been an amazing journey with the Grateful Wakeup Group. We continued to stick with our principles and proudly added a new meeting and a new member to our physical group. Covid-19 continues to influence our physical meeting, but our online response has been unimaginable. We turned to zoom in a time of true crisis, and now embrace another 4 online members. Two members are from North Carolina, one is from

Pennsylvania, and one is from Oklahoma. Although our new members are from the United States, we are now reaching addicts all over the world. Our numbers have increased exponentially as we have started to include Zoom communications into our formats. On occasion, we had 5-10 attendees before quarantine. We now look upwards into the teens and twenties regularly.

We have seen an upswing in group participation and support. We now use the Cash App phone program to accept online donations.

This has been an extremely exciting time for the Grateful Wakeup Group. We have continued to work hand in hand with the Hope group in Columbus, Nebraska to get literature into the local institutions. Our Goal is to get at least 6 basic texts into every jail in the state. It is so encouraging to be able to share our message with those who still suffer. The use of the resources on NAhelp.org have been invaluable in our pursuit to reach the lost and the perishing.

We have recently changed one of our weekly meetings into a Grey Book Reflections meeting. Moreover, the addicts have requested that we use the Grey Book Reflections in every meeting format. This truly is a time of gifts and praise. We are seeing a demand for literature and resources that is almost unanswerable as we give away many of our available pamphlets and texts. The new/old NA way is a real treat to those who are looking for an outlet. We are strongly encouraging addict produced literature. God has truly blessed us with more than we deserve in Narcotics Anonymous.

In Loving service,

the Grateful Wakeup Group

Sunday Morning Gratitude Group

In September 2019 we started our first Home Group named Sunday Morning Gratitude Group in Sittard, the Netherlands. In our area most meetings take place in the evening and we found it important to set up a meeting in the morning, to start the day with the N.A. spirit.

In our meeting, that takes place once a week, we study the Basic Tekst third edition revised. We use the Dutch translation, which is translated by addicts for addicts. We participate in translation- and flowreading-days where the Baby-Blue is translated in Dutch by addicts. We are a registered A.S.I.S. Group and work together with the other

A.S.I.S groups, in the east and in the south of the country. We are a closed meeting, only for drug addicts or people who think they have a problem with drugs. Since the beginning our meetings are well attended. But it seems people are reluctant to commit to our Home Group. The same goes for service. The SMG Group has 2 members who also do all the service. We do announce at the end of our meetings that people are welcome to attend our

Group conscience and that we are looking for members. But up till now people won't commit.

We are the only A.S.I.S. group in Sittard and surroundings. There are a lot of NAWS groups in Sittard. Most people were happy to find out a new meeting had been started. But there were people who did not agree with our message of total abstinence and the use of the Baby Blue and Gray Book.

However we focus on ourselves and how to carry the N.A. message. We welcome everyone who attends our meeting. This works and it shows through the number of addicts attending our meeting and a safe atmosphere of recovery.

We print our own literature, IP's and flyers and business cards. Only the Greybooks and Babyblues we buy from another A.S.I.S. group. We have our own HG flyer that we can use for PI. Newcomers keep finding our meeting, some through our own HG-flyer, which we spread in local supermarkets,

doctor's offices and pharmacies. And some find us on the website. Our HG is on the meeting list on the www.nahelp.nl website. We also registered on www.na-holland.nl, this a website run by NAWS- region, our meeting was removed from this list and at area level they are talking if we are allowed on this website. We do not participate in this. For us this is an outside issue. But we are in personal contact with servicemembers of local NAWS-meetings.

During the lockdown because of covid-19 we went online with our meeting. We started two extra online meetings on Tuesday and Friday morning. In these meetings we read IP's and flyers which we translate as a group from English to Dutch. These translations are up for input and review on www.nahelp.nl. Right now, we are reading and translating the booklet "Twelve Step Series, overview of the Steps, one addict's experience".

As of June 7 we started our physical meeting on Sunday again. There were some restrictions due to covid-measures, but after some research we found we could start our meeting without violating the traditions (no registration and a very large room / small

theater, so no addict is refused attendance). Our meeting was the first to open up in our Town. Members from other groups, who never came to our meeting, showed up and kept coming back after that.

We still have our online meeting on Tuesday.

12 BY 12 GROUP OF N.A. LANCASTER P.A.

STARTED ON MARCH 2, 2020. OUR MEETING IS EXCLUSIVELY FOR ADDICTS ONLY. WE MEET EVERY SUNDAY AT 6 Pm. EST. OUR GROUP ONLY STUDIES LITERTURE WRITTEN BY ADDICTS FOR ADDICTS. DUE TO THE COVID 19 PANDEMIC WE ARE CURRENTLY UTILIZING A ZOOM PLATFORM THAT MEETS EVERY SUNDAY AT 6 Pm. EST. OUR PHYSICAL MEETING ARE ATTENDED BY 15 - 25 MEMBERS. NOW ON ZOOM WE AVERAGE ABOUT THE SAME ATTENDANCE. OUR HOME GROUP HAS FLYERS PRINTED AND READY TO BE DISTRIBUTED TO OUR COMMUNITY IN VARIOUS LOCATIONS SUCH AS CHURCHES, STORES, PROBATION OFFICE, WELFARE OFFICE, ECT. AS SOON AS THE CITY OPENS UP. ALSO OUR GROUP HAS REACHED OUT TO RECOVERYING ADDICTS IN NYC THAT ARE READY TO OPEN UP A GREY BOOK STUDY MEETING IN THE NEAR FUTURE. OUR HOME GROUP IS EXCITED AND WILLING TO LEARN MORE ABOUT N.A HISTORY SO THAT WE CAN CARRY A CLEAR N.A. MESSAGE TO THE STILL SICK AND SUFFERING ADDICT. THANK YOU MANY HUGS FROM 12 BY 12 GROUP OF N.A. LANCASTER P.A. TO EVERYONE!

Columbus Nebraska Hope Group.

Is an honor for us to be a part of our ASIS free givers group. Was heart breaking due to the virus we could not make it this year for the tranquil convention in PA with the good eats:). Eric D. ~ Red Buffalo will proxy for us or any volunteer please?

However recovery wise we were maybe able to provide some hope for suffering addicts, through the donations of our members. We were able to give away thousands of Grey, 2nd and 3rd edition basic texts, original step working guides, IP's and the Grateful Wake Up and Hope Groups meeting format for incarcerated addicts to have their own meetings.

Donated to State Prisons, Local jails, treatment centers, Motels (Eric D. Red Buffalos excellent suggestion), Library's &Library boxes (Jared; Robin Hoods suggestion), Missions, volunteer to mail Grey books wherever needed trough zoom teaming up with the Grateful Wake Up Group. We put our foot in our mouths and volunteered to mail 7 basic texts to every County jail or Sheriffs office in Nebraska. There is 93 Counties; it was time consuming and a bit expensive but the thank you letters from small towns that never heard of NA made it worth every penny.

We also were/are taking a message in the Main prison here. Also through free giving many more opportunities have opened; up including the juvenile detention center. We pray we can return to doing that soon; when there is resolution to the f----g virus.

A couple observations the prison and missions in Omaha had not received any free NA Literature, so ASIS members should be proud to be donating, giving back, we are not sure how in the hell we can ever ever give back what was so freely giving to us. We cannot count on a 501c nonprofit or those guided by it to spiritually or freely support our beautiful 5th tradition through our life saving literature, or support our loving 12th step.

We are still considering moving our rabbit meetings to a weekly Grey book meeting in Columbus and or on Zoom.

We consider it a privilege to support financially and spiritually ASIS as needed. Also would like to thank the Grateful Wake Up group for printing Lit to help support the tremendous need. The Department of Correctional services program director estimated they would need 1700 texts and step working guides; we are more than half way there. Also with the virus and my Mom being 99 we can't have anyone in our home, so our 7 year old daughter Pearl and wife have been stuffing texts and helping with the lit. Thank God for them haha.

Hope you all are having a better then fantastic time and Big red can bring us a doggy bag :)

All our Love from Nebraska you Hope Group

Paul H. 402 – 270-4945 marineblue@live.com

Miracle Group Venlo

Miracle group Venlo consists out of three service members, a chairman, a treasurer, and a literature person.

We are a new meeting and group in our town Venlo and started this year in 2020. We meet on Mondays in the evening. Due to the Covid-19 measures we couldn't start the meeting in the church when we were ready to do so. Eventually our first meeting started on April 6th via Zoom. Now the measures are loosening we have had the first meeting physically in Venlo on the 8th of June 2020.

The Miracle Group already is or is going registered to the ASIS structure. We have between three and fifteen attendees each meeting. People come from various places, mainly the south of The Netherlands.

The literature we use/study at our meeting is the grey book. We also have a literature table with books like the baby blue, many pamphlets and also some magazines. All literature is written by addicts, for addicts, and is financed through our seventh tradition or is given to us from other groups to support our new meeting. We give our literature away for free to newcomers and still suffering addicts. This also counts for all literature we present on the table at every meeting.

We are intending to print our own IP'S and things we can print with a small printer when we have some money collected trough our seventh tradition. With the IP's we also want to do some PI at some institutions nearby such as Vincent Van Gogh.

Every meeting we read from the grey book, and every first Monday of the month we read a tradition. The text we read in the meeting is translated to Dutch by our own members. We made our own reading cards translated from the greybook and use these in our meeting. We as group members also participate with the translation (flow reading) of the baby blue with the other groups in the Netherlands.

We have good contacts with the other groups in the Netherlands. We are willing to help organize EFSC for the year 2021 on the 16, 17, 18, 19th of September at Bekerhof in Hunsel with other groups in the South. Also for the year 2022 we are willing to help organize EFSC in Hunsel.

Before we start the meeting/ group conscience, we start with the prayer to invite god in our room. In our meetings we share our experiences, strength, and hope. We try to stay close to the readings we read from our literature. Also we thank our higher power and

pray for addicts who still suffers. We believe in the free an true message off N.A and give it away freely. We believe in the twelve steps and traditions of N.A.

Newcomers and addicts returning after relapse are welcomed back in a loving and caring manner. Online we had some newcomers as well and we welcomed them with a written postcard with a welcoming message, also referring to our free literature online and sending them the dog/key-tag with the card. Support is offered to any drug addict who wants what we have to offer and join our way of life. We want to spread the message of N.A. and are focused on this. Our meeting is a healthy environment for addicts seeking recovery. During our Group Conscience, we are told that we are a good and strong group and our meeting has a good atmosphere of recovery.

THE WAR IS OVER! Group of Narcotics Anonymous

is physically located in Findlay, OH. We are a Closed Meeting. We have now have two meetings a week, Wednesday at 9pm Gray Book study, and Thursdays at 7pm Baby Blue Basic Text study. Our format for both meetings consists of reading a paragraph out of the literature and opening the floor for sharing on the paragraph.

Our meeting started on October 8th, 2019. Our founding members had need for a meeting that has a strong atmosphere of recovery, something that we struggled to find in our area. Every meeting in our area is open, and generally open discussion.

We needed a closed meeting where addicts can share openly and with gut level honesty. We needed a meeting that studied the literature and with sharing experience, strength, and hope on the literature to keep the meeting on the topic of recovery. So TWIO! (THE WAR IS OVER!) was born. We give away free Basic Text to all addicts needing one that come to our meeting, print all of our own IP's, and get our own clean time dog tags to celebrate our time.

Our meeting grew very fast, and we would generally have 35-45 people come. A lot of the people coming were from a local treatment facility. They sent a non- addict "supervisor" to look over the addicts seeking recovery, we informed the non- addict that our meeting is closed so he sat it out, and came back very few times after that, and haven't been around for months since. Pre-COVID19 our meeting started to have regular attendance of 20 members.

In January our Group decided to get into the Gray Book. The idea was to have a once a month rabbit meeting where we would study the Gray, and have it in a different

place every month. The first meeting was amazing, we could feel the spirit coming out of the Gray and we had no choice but to have the meeting every week, this was the start of our weekly Gray Book meeting. It is a very laid back, loving meeting.

Also in January we came across an IP that forever changed our Group for the better, "A View of Narcotics Anonymous Group Conscience." Until discovering this IP we had what we referred to as "business meetings" sometimes referring to it as GC. It was not a spiritual gathering, but rather an extended meeting where we would hack out or issues, vote in a Roberts Rules of Order manner, and many would often leave feeling marginalized. We started applying the format suggested in the IP, and we got on board with developing a true Group Conscience. Its been a beautiful process, and

Finally GC became a spiritual gathering. It has been critical to our unity, and over all recovery development. We learned in this to get our egos out of the way and allow the Group to come to a Conscience on our issues through a Loving God. We've learned there's no need to rush things, or fill agendas.

As restrictions for COVID started effecting our meeting space abilities, we moved to the online Zoom format. Moving online was actually a huge period of growth for our Group. We got to hear peoples ESH from all over the world, and sometimes our meetings would have 50+ people in it. Some addicts liked the meetings so much they came back every week, and continue to. The thought of not having the meeting online anymore was not favorable, but we needed to get back in person. Thanks to technology capabilities we are able to now have a hybrid meeting where we meet in person and online. We were weary of this type of meeting, but it has been going great and now we can have members from all over the world (including HG members from elsewhere) in our meeting space.

Some actually joined our HG from online, and actively participate in our Group and our GC. We now have a HG member from North Carolina, and 2 from Australia.

We have 7 in person HG members totaling 10 members. We have a Secretary, Treasurer, and GSR to carry our conscience.

Group rapport Unity Group Roermond 2020

Unity Group started it's first meeting on January 2nd 2018 on Tuesday night from 7.30pm untill 9pm. This is a basic tekst study meeting, we read a paragraph each meeting from the translations of the Bb in Dutch and every

last Tuesday we read and share on the tradition of that month. We are an registered A.S.I.S. Group.

Our meeting attendance grew enormous since last conference, and more people committed to our Homegroup. This resulted in a second meeting from the first Friday in February this year. This is a Grey book study meeting at a different location than the Tuesday meeting.

After our enormous growth in 2019 our meeting attendance has been less in 2020. This tendency got bigger during the covid-19 crisis. At the beginning of the covid-19 pandemic we immediately started our meetings at ZOOM. Since then we have around 10-15 people showing up every online meeting.

Since last EFSC some members left for various reasons. Some relapsed, some started a meeting of another fellowship etc.. this resulted in a smaller committed group of HG members.

We have our own printer, we print all Literature ourselves except the BB and Grey, those we buy at cost from another Homegroup. We are a financial stable Group, we participate in the translation of the BB, and we have put money aside to order the BB in Dutch as soon as it is ready. We organise printdays and translation days with our group and we try to have a meeting after the meeting by staing online for a while after the meeting.

We currently are on the NAHELP.NL and on the NA-holland.nl site, so we are visible and people can find us easily. In the beginning of 2020 we were called by the local area that they were planning to get us of the nation wide meetinglist. We wrote a letter to area pointing out what we believe in and why we are a NA group. This resulted in a big discussion at area were some groups wanted to keep us on the list and a view want us off. After a workgroup was being formed by area and several letters back and forth it now looks that there is going to be a split up in the area and we are still on the meetinglist. For the record: we, as the Unity group, aren't a participating in this area. We just want to practice our 5th tradition by being on the meetinglist.

Our vision for the future is to get ESH from other groups about PI and H&I so we can start furthering our primary purpose. We started this year by ordering big A5 flyers that we are going to put around town. On the flyer is the number of our group.

We also hope that more people will commit to our group and help us in these efforts to reach more addict in and around Roermond.

Than we committed to host the EFSC 2021 at the 3th weekend (16,17,18,19 sept) of September 2021. This EFSC will be held in Hunsel in the south of the Netherlands. It will take place at campingfarm Bekerhof https://www.bekerhofgroepsaccommodatie.nl/

We hope to meet you all there in 2021!!

Groepsgeweten Unity groep NA/Groepsbeleid

De Unity groep gelooft in een vrije en dus gratis boodschap van NA.

We gebruiken tijdens onze meetings alleen literatuur die geschreven is voor en door verslaafden zonder tussenkomst van professionele schrijvers.

We printen zo veel mogelijk zelf zoals de foldertjes en pamfletten.

We dragen een boodschap uit van totale abstinentie.

Ons Groepsgeweten en onze meetings volgen de 12 Tradities van NA.

We gebruiken de 7e traditie puur en alleen om de boodschap uit te dragen naar de verslaafde die nog lijdt.

Al onze Service is erop gericht de boodschap van NA uit te dragen.

We zijn aangesloten bij A.S.I.S. (Alternate Service Informational Structure)

Ons Groepsgeweten is vastgesteld op 100%, wat inhoudt dat we pas beslissingen nemen als alle leden van de groep het eens zijn.

Om lid te worden van de Unity groep vragen wij je eerst 2x een Groepsgeweten bij te wonen. Dit zodat nieuwe leden kunnen ervaren waar onze groep voor staat voordat men een commitment aangaat.

Alleen leden van de Unity groep maken deel uit van het Groepsgeweten in zake beslissingen. Alle leden van NA mogen ons groepsgeweten bijwonen en meepraten.

Onze meetings zijn gesloten. Alleen toegankelijk voor drugsverslaafden.

We spreken in onze meetings over clean tijd en herstel om te herstellen van de ziekte verslaving.

Friday afternoon 3pm people's palace.

The impossible dream (rabbit meeting)

Chair A

Treasury W

Secretary M

Literature K

Group up and running f2f for 4weeks

4 group members we held a group conscious and decided to register our meeting on asis, group has been running great, numbers averaging between 14 and 21. We are practising the 7th tradition. This meeting is held in Glasgow green on a Friday afternoon.

3 people at there first NA meeting.

We are giving away the 3rd edition basic text thanks to our friends sending them over.

We are not online as this is alternative to online-meetings and being available to Newcomers on the streets by sharing with addicts who are suffering. 7th collection took in £10 group decision to prioritise that we get keyrings as we are well stocked with literature for now. Spent £9.90 on keyrings 10p left.

The Most Perfect Vehicle Group of Narcotics Anonymous:

We have formed our Group in September of 2019 after attending another FSC. When we started the Group we were new to the community. After looking around for possible meeting locations we finally found a location in Woodstown NJ. We meet on Tuesday nights at 7:00pm to 8:30pm sometimes 9:00pm- (possibly still meeting on Zoom) We are not affiliated nor a part of the local service structure & We are not on any other meeting list besides the ASIS meeting list. We are 100% NAWS free. We are a closed Narcotics Anonymous meeting and we do not verify attendance documents inside or outside the meeting facility. We have been studying the Grey Book a paragraph at a time and we open the floor for shairing on each paragraph. We see about 3-10 addicts each meeting. We had a NYE celebration and there were about 50-75 addicts that came out to support the event. We had several speakers all night and carried the message. Since then we had planned a History Day last March and had to postpone due to the state shut down. We also plan on having a Traditionalist Gathering at Fort Mott State Park in Pennsville NJ on July 11th. We are co-hosting this event with a few other Groups that are a part of A.S.I.S. We are also in the process and planning of a Fellowship Literature Conference that we are co-hosting with other Groups and this Conference will be held September 4th, 5th, 6th, & 7th in Woodstown NJ. Our Group had started doing an Input and Review meeting on the 4th Tuesday of the Month and we are planning on starting another meeting that is just for input and reviewing open participatory literature written by addicts for addicts. We are currently printing literature and participating in writing articles for the New/Old NA Way magazine. Since we are not a part of the local service structure and local area we have been doing Public Information with our Group. We print fliers and we are working on getting our information in the local papers and local "bulletin board" TV channel. We are also in the process of setting up a phone line but we have been using a phone number so addicts can reach us if they desire to do so. We have had only one indicident where we were being talked about at the local Area and they were discussing about potentially contacting the facility that we meet in and attempting to either get us shut down or have us open our treasurer reports to them. They told others we are not a Narcotics Anonymous meeting and we very politely sent all the trusted servants in that area a letter explaining to them why we are a Narcotics Anonymous group and why we can and chose to not be a part of the service structure. We have not been mentioned since. Most of our attendance is not local addicts

and rarely do we see any. We just keep the doors open, make sure anyone with the desire to stop using knows where to find us, and we have faith that addicts will show up and participate.

Alive and Free Nomads Group(currently a meeting)- Utah

Group was struggling because there were not enough people willing to serve. We may go to zoom. If it is supposed to be a Group, it will be a Group. Most likely start meetings online. The big thing upstairs will take care of it.

*This was a verbal report

Grey Book Step Study Mays Landing NJ

Mickey talked about their Group (Grey Book Step Study) and how they are dealing with conflict resolution with NAWS local groups.

*This was a verbal report

This is the Rabbit Meeting Group report for the FSC 2020

We currently have 4 home group members- Duwan, Kathy, Mike, William

The meeting has not been meeting since Delaware County has been in quarantine for the Covid-19 virus.

We discussed request from THE MOST PERFECT VEHICLE GROUP (Woodstown, NJ) for support for their 3 upcoming events in 2020. History Day - March 21, Picnic - July 11, and Literature Conference - September 4,5,6,7.

Yes, we want to support these 3 functions, at least financially.

History Day Support – we feel that we can easily handle minimum donation of \$50.00, and possibly up to \$100.00. The feeling was that

\$20.00 per member was probably a good goal to shoot for, and to guarantee a donation of at least \$50.00.

Discussion to fund the Picnic and Literature Conference will be discussed in detail after the History Day, as to how much we will guarantee.

2 motions brought to the group to be submitted at the FSC2020 for the FSC2021

MOTION 1 – "To have line numbers and page numbers on every piece of review and input literature."

INTENT 1- "To keep our review and input literature consistent, and to make it easier for input to be understood when submitted."

MAKER 1- BILL 4 YES

MOTION 2 - "To have the name of the group added to the review and input literature."

INTENT 2 - " To make available the group name that has written a piece of literature. The group can be asked questions during the input and review process"

MAKER 2 – Bill C 4 YES

FSC MOTION 2019 - 4 YES

FSC MOTION 2020 A - 4 YES

FSC MOTION 2020 B - ABSTAIN

FSC MOTION 2020 C-ABSTAIN

FSC MOTION 2020 D-ABSTAIN

End of report - BC-v1.2

Saturday Morning 6/27/20

Eric- gave a brief report of other groups that were not at the conference that did not send in a Group report.

New Groups popping up everywhere. U.K., New Zealand, Poland, and Thailand. Groups in Ireland have also started up and Portugal.

Chubs- Maybe the two conferences can have a report that could be read between the FSC and EFSC.

Announcements- Hat passed to pay the Home Group for the fellowship hall that we met in this year. The service body did not take the money. The money goes straight to the Group that paid for the meeting hall.

Web Report by Hermen-(The proposal officially comes from the "No Matter What" Group from Hengelo NL the web servant helped them create the proposal. Proposals and motions don't come from services they must originate from Groups)

Web report F.S.C. 2020

As the webservant i have worked on keeping the webpage and the meeting list updated. So when groups and members asked me to add or remove information/files/meetinginformation from the webpage or meetinglist i did.

In the past year the Chair and Co-Chair have reached out to all the Groups to try and find out if we have the accurate and complete information for the meetinglist. This has resulted in the meeting list the way it is available for download today on the webpage.

At the F.S.C. 2019 a plan was presented by 2 people about building a new webpage. Because of 1 individual leaving N.A. this plan has stopped. As the current web servant i have presented a new proposal to the "No Matter What" Home Group in Hengelo, they will bring it to this years F.S.C. as new business.

In short:

Proposal:

Move domain name www.anonymifoundation.org + webpage and domain name www.nahelp.org to a new Hosting Company and built it with WordPress.

Intent proposal:

More functionalities in building the webpage Cheaper hosting Improving accountability More secure

I have added 2 attachements in this file:

An overview on the incoming and outgoing funds.
 The Proposal

Hugs, Hermen T.

Webservant F.S.C.

FSC 2020

Attachment 1



FSC 2020

Questions about how and what should go on the NAhelp.org

Bill- We need some direction from the groups on how they want it done. We need to know that groups will still have their domain name.

Yes, they will maintain their domain names.

Bill- important information needs to be in the report

3,000 monthly visits to the webpage a month.

Old Business

Eric read the results from the votes on last year's motions (See last year's C.A.R. for results)

(Lots of confusion on the floor as to which Total Abstinence IP we are voting on)

We need to make very clear what is being voted on. We can only work with the way we have set and move forward with what we have.

Both Total Abstinence IPs have been tabled.

There were 3 different versions of the Total Abstinence IPs brought to the conference. Only two were posted in the motions. A second version of Historical Perspective group's Total Abstinence IP was posted under the motion of A Different Look Group.

A Different Look Group's Total Abstinence IP is different from Historical Perspectives Total Abstinence IP.

A Different Look Group and Historical Perspectives Group tabled their motions to come back 2021.

See following pages for different print files regarding the Total Abstinence IP issue.

The first IP shown is the IP that was sent to the past chair servant by email and was not made available for Groups to vote on. The next IP is the IP that was attached to motion B from a Different Look Group

A Different Look Group's Total Abstinence IP

Once we become willing to put down the preconceived notion that total abstinence is impossible and surrender to the fact that we are just like everyone else in NA we can then move on to...

COMMITMENT

Commitment is one of the spiritual principles that most people don't connect to the first step. In past editions of the Basic Text it's written "Now the question is: "If we are powerless, how can Narcotics Anonymous help?" We begin by asking for help, and this is accomplished by working and living the twelve steps" where the spiritual principles we have discussed in this pamphlet come from. They are the backbone to a life of complete abstinence; without them we will die. Once we surrender and become willing to do what ever is necessary to become abstinent we need to stay committed to the process in order to not go back to the way of life we once knew. We need to make a commitment to a home group and stay clean no matter what. A commitment to a sponsor is also very important to this new way of life for we can not do this alone!!!

OUR SOLUTION

Our first step says "We admitted that we were powerless over our addiction that our lives had become unmanageable". If we still believe that limited drug use is possible then we have not taken step one, we have not surrendered, and we will use again. Step one is more than an admission of powerlessness, it must be followed by a change of actions. We must stay away from people that are using even if it means we must avoid family members, friends and coworkers. We might have to break free

completely of everything and everyone we know. There is no substitute for surrender. This may be very uncomfortable but we do it anyway because we know in our heart of hearts that is the only way. Based on a life of desperation and a glimmer of hope we make a decision to turn our will and our lives over to the care of God, as we understand him. To sum up step three in a nutshell it is simply a decision to take the rest of the steps and to understand that they are the solution to maintaining total abstinence. Faith comes after this way of life becomes a reality. This way of life comes to some very fast and to others very slow but it doesn't come at all if we are still clinging to the idea that we can have it while still using. Remember these 4 things.

- 1) The cornerstone of the NA program is total abstinence.
- 2) There is no substitute for surrender.
- 3) Recovery is a complete change of everything we think and do.
- 4) Without commitment to this fellowship of Narcotics Anonymous we will go back to the life we once knew



Total Abstinence in Narcotics Anonymous

Anonymi Foundation P.O. Box 4404 Allentown PA 18105 TM 2/5/2019 www.nahelp.org www.nahelp.nl

A Different Look Group's IP continued:

The IP that was sent out to the Groups labelled incorrectly. It said this was the one that should have gone with Total Abstinence IP, Motion B from A Different Look Group but clearly it is not the same IP as the one that is below. Th IP below is the IP that was sent out to Groups for Motion B.

OUR SOLUTION

Our first step says "We admitted that we were powerless over our addiction, that our lives had become unmanageable." If we still believe that limited drug use is possible then we have not taken step one, we have not surrendered, and we will use again. Step one is more than an admission of powerlessness, it must be followed by change. We must stay away from people that are using, even if it means we must avoid family members, friends and co-workers. We might have to break free completely of everything and everyone we know. There is no substitute for surrender. This may be very uncomfortable but we do it anyway because we know in our heart of hearts that this is the only way. Based on a life of desperation and a glimmer of hope, we make a decision to turn our will and our lives over to the care of a God of our understanding. To sum up step three in a nutshell, it is simply a decision to take the rest of the steps and to understand that they are the solution to maintaining total abstinence. Faith comes after this way of life becomes a reality. This way of life comes to some guickly and to others slowly. If we are still clinging to the idea that we can use drugs, this way of life can not come at all. Remember these four things:

- 1. The cornerstone of the NA program is total abstinence.
- 2. There is no substitute for surrender.
- 3. Recovery is a complete change of everything we do, everything we think.
- Without commitment to this fellowship of Narcotics Anonymous, we will go back to the life we once knew before we came into the program.

W W W . N A H E L P . N L



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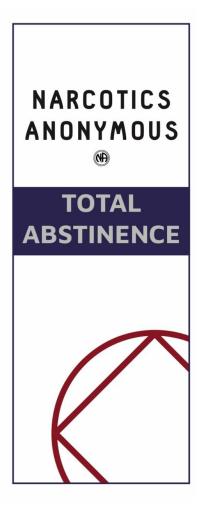
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This document was written in open participation by members of the Groups of The Anonymi Foundation.

Please send your input to nahelp.org@gmail.com

<u>WWW</u>.NAHELP.ORG



As recovering addicts we know that medications and drug replacements hold a special hazard for all addicts, not merely those with a history of abuse of these drugs. To the addict, medication or drug replacement represents a means of false control. Modern medicine often mistreats addiction with drugs in an effort to avoid the symptoms of withdrawal. Drugs, whether self-prescribed or prescribed by a doctor, are a major part of our problem. How can drugs possibly be the solution?

WE ARE NOT DOCTORS

If we are not doctors then what are we? We are a fellowship of addicts seeking recovery from addiction. Although, we know addiction is a disease of obsession and compulsion, our first problem is drugs. While addiction is more than the use of drugs; our recovery program is one of total abstinence from all drugs. "Total Abstinence" is not a medical opinion but the foundation of our recovery. It is not an outside issue but one that is essential to our recovery.

TOTAL ABSTINENCE

The cornerstone of the Narcotics Anonymous program is total abstinence from all mind and mood altering chemicals. Total abstinence is the first thing we hear when we arrive in Narcotics Anonymous. Total abstinence is the beginning, middle and end of our recovery. Our clean time and our recovery from the disease of addiction begin with that first step. This pamphlet will address some of the spiritual principles we have used in our program to reach total abstinence from all mind and mood altering chemicals. We understand that there are cases where addicts are hospitalized and given narcotics for things such as major medical emergencies or major accidents. Our Basic Text already gives us the answers to these situations such as "Using local anesthesia, avoiding our drug of choice, stopping drug use while still in the hospital, and spending extra days in the hospital in case withdrawal occurs..." This pamphlet is primarily to address Drug Replacement Therapy (DRT). If you are on DRT, go cold turkey or get on the steepest reduction schedule you can. The sooner you are off drugs, the better the program will work for you. This is a program of complete abstinence from mind and mood altering drugs. So to the newcomer, who has been put on any of these types of medications, please keep coming back. Although as addicts we are not responsible for having this disease of addiction, through NA we are given a choice to recover. Once we make this choice we are responsible for our recovery.

SURRENDER

The process of surrender is a result of living in utter desperation and pain. It is the result of working double overtime to find a solution that does not require giving up drugs completely. It is difficult to accept that drugs are the problem when we have not been able to find peace and serenity by any other means. When we make the decision to surrender, we get relief from the pain of making our own decisions. Surrender is positive for us because we find hope. Once we have surrendered, we open opportunities for other addicts to help us with our problems. We have seen many addicts surrender to this program, detox in the rooms of NA and live productive lives in society. We have also seen many addicts go to other places, detox and come back to NA to celebrate total abstinence. We know any addict can get and stay clean but they must honestly surrender to the program of Narcotics Anonymous for that to happen. Surrender is just the first step to this process. There are many other key spiritual principles we will need along the way such as ...

WILLINGNESS

Willingness to try is the beginning of doing our part. However grand or humble that might be, it is a state of readiness replacing depression and

anxiety.

We surrender to a program of total abstinence when we absolutely cannot continue using and there is simply no fight left in us. Now we must become willing to follow some simple suggestions that we hear in meetings. We may not believe that these suggestions are going to help us but we do them anyway because we are afraid and we don't know what else to do. Without understanding why, we get a sponsor, attend meetings and follow suggestions. We need to become willing to do anything to stay clean.

Willingness is essential because we have to give our permission before change can occur. We must set aside our old thinking to open ourselves to new alternatives. The choice is up to us to change. Without our willingness, we never get to make the choice and remain tied up in many of our past limitations, illusions and habits. Once we become willing to put down the conviction that total abstinence is impossible and surrender to the fact that we are just like everyone else in NA then we can move on to...

COMMITMENT

Commitment is one of the spiritual principles that most people don't connect to the first step. In past editions of the Basic Text it's written "Now the question is: 'If we are powerless, how can Narcotics Anonymous help?' We begin by asking for help." This is accomplished by working and living the twelve steps, where the spiritual principles we discuss in this program come from. They are the backbone to a life of complete abstinence; without them we will die. Once we surrender and become willing to do whatever is necessary to become abstinent, we need to stay committed to the process in order to not go back to the way of life we once knew. We need to make a commitment to a home group and stay clean no matter what. A commitment to a sponsor is also very important to this new way of life for we can not do this alone!!!

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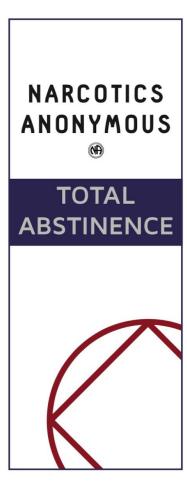
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11 Total groups carrying a conscience

Motion number 2020 A

The Groups of the FSC approve the IP "A view of NA Groups Conscience"

Motion number 2020 A Intent number 1 : To provide in information as a blueprint for understanding Group Conscience, establishing an atmosphere of recovery to protect the integrity of the NA message.

Motion number 2020 A, Intent number 2: To copyright this IP.

MOST PERFECT VEHICLE	YES
12 BY 12	YES
A DIFFERENT LOOK	YES
RABBIT MEETING	YES
RECOVERY FIRST GROUP	YES
HISTORICAL PERSPECTIVE	YES
BETTER LATE THAN NEVER	ABSTAIN
NEVER ALONE NEVER AGAIN AGAIN	YES
GRATEFUL WAKEUP GROUP	NO
HENGELO	YES
	8 YES 1 NO 1 ABS

Grateful Wake up Group voted no because after much prayer and meditation, it was conscienced that the phrase "a typical group format" could be misunderstood.

Motion number 2020 C.

To approve We are not Doctors I.P.

Intent: To clarify our message concerning this issue. This I.P. has been out since 2010 for input and review and has no input since 2012 so we feel it is time to approve the I.P.

Footnote: It is already approved by are Home Group and Other Home Groups in NA. It is on many of tables that Groups have approved this I.P it has gone through the test of time.

MOST PERFECT VEHICLE	YES
12 BY 12	YES
A DIFFERENT LOOK	YES
RABBIT MEETING	ABS
RECOVERY FIRST GROUP	YES
HISTORICAL PERSPECTIVE GROUP	YES
BETTER LATE THAN NEVER	YES
NEVER ALONE NEVER AGAIN AGAIN	YES
GRATEFUL WAKEUP GROUP	YES
HENGELO	YES
	10 YES, 0 NO, 1 ABS

PASSED.

Bill- Historical Perspectives group will pay for the copyright on "We Are Not Doctors"

Abstinence is the basis of our program. Any mood or mind-altering chemical, prescription or not, is poison to our bodies." (Page 85 line 31 - line 33)

- JUST FOR TODAY my thoughts will be on my recovery, living and enjoying life without the use of drugs
- JUST FOR TODAY I will have faith in someone in N.A. who believes in me and wants to help me in my recovery.
- JUST FOR TODAY I will have a program.

 I will try to follow it to the best of my ability.
- JUST FOR TODAY through N.A. I will try to get a better perspective on my life
- JUST FOR TODAY I will be unafraid, my thoughts will be on my new associations, people who are not using and who have found a new way of life. So long as I follow that way, I have nothing to fear.

W W W . N A H E L P . N L



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TM 08/07/2010

Literary Work in progress.
Please copy and share this with your local
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Please send your input to nahelp.org@gmail.com

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WE'RE NOT DOCTOR'S

This is the answer we hear most of the time in meetings when others share about total abstinence from mood changing substances and mind altering chemicals. If we are not doctors then what are we? We are a program of recovering addicts seeking recovery from addiction. When we talk about addiction we are talking about being addicted to drugs. Our recovery program is one of total abstinence from all drugs. We are a spiritual not religious program that provides recovery by following the Twelve Steps of N.A. Then what is the controversy that we are facing in the N.A. fellowship when it comes to clean time?

First, we need to take a look at what the Basic Text states, when it comes to how we recover from addiction. The Basic Text talks about recovery through the twelve steps of N.A. If you pick up this book and think you're an addict read it and give yourself a chance, it may be what saves your life. Recover from what? Drug addiction is what we recover from, we thought the steps tell us we recover from addiction and you are right. Some long time member's share that drugs are just the tip of the iceberg. we do not recover from drugs instead we recover from what would take us back out there time and time again, our obsessive thinking

Addiction tells us that we do not have the disease of addiction and that we have every other problem instead of addiction. It would rather have us believe that we have emotional and mental problems; we have been misdiagnose by the medical field many times before.

"Often doctors didn't understand our dilemma; they tried to help by giving us medication."

(Basic Text, Why Are We Here?)

Doctors have often misdiagnosed our disease, what can we expect after being evaluated even before we have fully detoxed. There answer at times has been to medicate us, often put on replacement drugs to help ease the pain of withdrawal or told that we would need medication for the rest of our life to live a normal life.

We come into NA from detoxes, treatment centers, prison, halfway homes, and referral agencies that have diagnosed us and have given us drugs to treat our disease and now we hear that this is a program of total abstinence from all drugs what are we to do? We hear we are not doctors, however we are told that the N.A. program can help us recover from addiction and that we should not use a day at a time. We are told NA does not have an opinion on outside issues: however NA does have an opinion on inside issues; our predecessors shared experience speaks of total abstinence from all mood changing substances and mind altering chemicals. If you have used any mood changing substances or mind altering chemicals you are not Totally abstinent today, So please just listen and get with the group members during the break or after the meeting. If you can identify with what is being shared, you will be able to make an informed decision if you are an addict that needs our help after a few meetings. Please read the Basic Text and the IP informational pamphlets and see if you can identify, remember we are not for everyone, only addicts seeking

recovery from addiction. If this is you give yourself a chance. Don't leave before the miracle happens.

Basic Text

"Most of us realized, that in our addictions, we were slowly committing suicide, but such cunning enemies of life are narcotics and sedation that we had lost the power to do anything about it. Jail did not help us at all. Medicine, religion and psychiatry seemed to have no answers for us that we could use. All these methods having failed for us, in desperation, we sought help from each other in Narcotics Anonymous." (2nd edition Basic Text, Why Are We Here)

Gray Book

"The mental aspect of addiction comes with our inability to deal with life on its own terms. We tried drugs and combinations of drugs in an effort to cope with a seemingly hostile world. We dreamed of finding the right medication or fix, the magic elixir that would solve our ultimate problem -Ourselves. This reliance on drugs had harmed us emotionally. The fact is that we cannot successfully handle any mind-changing or mood-altering substance."

(Page 5 line 31 - Page 6 line 1)

"The only way we keep from continuing a habit is not to take that first fix, pill, drink or toke. People like us know that one is too many and a thousand are never enough. We put great emphasis on this for we know that when we use drugs in any form, we release our addiction all over again. "
(Page 85 line 25 - line 30)

Open Discussion

A Grateful Wake Up Group did not like the "the typical meeting format" phrasing. They wanted a NO vote. They wanted to say "A Typical Group Conscience Meeting Format" instead.

Alan- how are groups handling the meeting place they are renting them from, asking them to keep a list of people at the meeting and where they live so that they can contact trace for CoVid-19?

The meeting place wants the Home Group to keep the list. They would only want the list if someone came up positive.

Alyssa- there is an issue with anonymity.

Chubs- That situation would really suck as a newcomer. What would be best for the newcomer? Maybe rabbit meetings would work so that you wouldn't have that issue.

Kathy- We haven't been meeting since March. The restrictions have really kept us from getting together.

Chubs- Maybe reach out to Iran and see how they have dealt with anonymity and the government.

Willie- We wanted to be sure that the website has our meeting listed correctly.

Tyler- What are the trusted servant positions at FSC?

Eric- Chair, Co-Chair, Secretary, co-secretary, literature coordinator.

Tyler- could FSC handle the literature?

The Home Groups would have to bring a motion to the FSC to have FSC hold the literature.

Bill- there was no one with a plan and \$1000 is not enough for a stockpile.

REFER TO FSC MINUTES 2019 pg 13 showed on the following page.

GROUP VOTES

Motion 2019A

Motion for ASIS to maintain a stock pile of \$1000 worth of literature and phone number where Groups can order literature.

Motion 2019A

Ray- Historical Perspectives Group **Recovery First Group**

Alive and Free Group-Springville

Josh- Honest Desire Group East Palestine

Kent- HDWT Group

Tom- Original Grey Book Group Cleveland

2nd Basic Ed. Study Group

Hermen- Way out Group

Robert-Spiritual Solutions Group NY

Chris- Carrying the Message Group

NA 12 +12 Group

Jared- Grateful Wake Up Group Nebraska

Kim- Äntligen Fria Group

Shawn- A Different Look Group

Kevin- Words Mean Nothing Group

Ken- Never Alone Never Again, Again Group

Never Alone Never Again. Submitted

no

no

no. reason needed

no

yea. Reason

No

No **PNV**

no. reason needed

Yes

ves

no. reason needed

abstain

no. reason needed

no

yes

4 Yes 10 NO 1 Abstain 1 Present not

voting

Fail with 26,7% yes

Reasons for NO

Ray- Alive and Free Group Springville-

Chubs- Technically it is decentralized since a Home Group does it. The more groups printing the better.

Chubs described why it didn't pass last year. He explained our process.

Tyler- I understand what you are saying. That is a lot for one Home Group and when we grow it will be a whole lot more.

Sean- back up plan is print your own. A lot of the Groups print their own. Our Home Group used to print our own lit. Maybe asked the Group if they need help with handling the literature.

Alyssa- What can't it be that way. Why can't we be trusted coming together in Groups to do the literature?

Bill- It's just been the way we do it. It can change if the Home Group wants it to change.

We discussed procedure and the need to form proposals to come from a Group to make any changes.

Magazine Report

The New/Old NA Way - Magazine Report - FSC 2020

Another year of creativity by addicts for addicts!

In the past year volumes 25 through 33 came out. This means all members and Groups that participate have made 9 volumes of a magazine made by addicts for addicts, this year. This includes special editions. The Conference Report, The Conference Agenda Report, The E.F.S.C. Special Edition and the Staying Clean in Quarantine special edition.

The input we get is mostly being sent in through Radio Free NA and the email. Since there is no literature coordinator yet, Bill coordinates the process and collects all the articles written from all over the world. When we have enough for a new volume he sends it in 1 file to us.

They put out all the Article Titles on Radio Free NA a couple of weeks before the deadline so people can send in artwork. We have seen some real talent. Keep up the great work! After that we start with making the cover. We have had some beautiful artwork for covers sent in that we could use as well. Then we work on the magazine's lay-out and put in all the artwork and articles. We use articles and artwork that's being sent in by addicts worldwide.

When the editing is done we send it out for review. We look for errors and correct them if needed. Then we put out the magazine online. The print files and online read files are being posted on multiple places online, including nahelp.org and Radio Free NA. All articles are protected by the Anonymi Foundation. We hope more people get involved to experience this beautiful process of creativity.

Bill- You are all welcome to be a part of your magazine. Send in art and send in your articles.

Anonymi Foundation

Bill- We are waiting on the copyright to come back from the IP that passed last FSC. We will take care of the copyright for the new IP that has passed this year. The groups need to let me know if any of the literature gets messed with so that I can take care of it.

I told everyone that the FSC is not a part of the lawsuit against NAWS.

Literature Coordinator

Bill- I've been in touch with the groups that have been putting together literature.

I have been coordinating literature conferences in Allentown and Woodstown, NJ. Tradition book, grey book reflections, and other books in the input review process.

We have multiple IPs and we will be working on them at the literature conferences.

I've been in touch with Europe and the translations.

Matt- speaking on the literature conference they are hosting

We need stuff for eating and cleaning up. We will need help with the food.

Spoke about the traditionalist gathering.

Dutch Translations

Tom- We have been translating for about 5 years. It took us about 3 years to translate the baby blues. Now we have been doing the flow readings to check for errors and grammar. We are hoping to have the book to be done by the end of the year and ready for print.

Sunday Morning 6/28/2020

New Business

Proposals

2021-A Most Perfect Vehicle Group

Revise the Meeting List - Adding whether a Group is a Closed meeting or Open Meeting, and Verifies attendance papers or not.

Intent: To strengthen the meeting list and make it more simple to understand whether or not a group is open to the public, if children are welcome, and if someone who needs a verification paper signed is able to get a signature.

Group Contact: Matt F. (856)803-8857

2021-B Most Perfect Vehicle Group

Revise the meeting list- List states in alphabetical order followed by the days of the week and time

Intent: To make the meeting list more organized.

Group Contact: Matt F. (856)803-8857

2021-C Most Perfect Vehicle Group

To place Clean time requirements on positions to serve at the FSC.

Intent: To clarify that total abstinence is being free from all mind altering mood changing chemicals (including drugs to treat the symptoms of the disease of addiction: Antidepressants, Psychotropics, MAT, & DRT) and we need to be totally abstinent to serve. Placing requirements such as 1

year, 2 years etc to be sure that the trusted servant has the program experience necessary for the position.

Group Contact: Matt F. (856)803-8857

2021-D No Matter What Group, Hengelo NL

Proposal Webpage www.nahelp.org FSC 2020

Proposal:

Move domain name www.anonymifoundation.org + webpage and domain name www.nahelp.org to a new Hosting Company and built it with WordPress.

Intent proposal:

- More functionalities in building the webpage
- Cheaper hosting
- Improving accountability
- More secure

Current situation:

- 1. Hosting company: GoDaddy
- 2. We have ownership over 2 domain names (\$45,38 every year for the 2 domain names to renew ownership)
- 3. Website builder (\$15,75 every month)
 All on the name of a member (the account)
- 4. Yearly costs: around \$234,38

At this moment we pay for the website builder every month. July 2020 has been payed for.

Proposal extra information:

- 1. Hosting company: Bluehost
- 2. Move 2 domain names. This will cost us \$17,99 to move them and own them the first year. After the first year it will cost \$35,98 every year to own the domain names.
- 3. No more website builder. But use WORDPRESS as the webpage builder (An example will be shown at the FSC 2020) and start paying for Hosting only.

Cost: \$2,95 a month for the first 36 months (\$106,2 for 3 years) and after that it will be \$7,99 a month for 36 months (\$287,64 for 3 years)

https://www.bluehost.com/wordpress/ wordpress-hosting



Why use Wordpress: easier to use and the program Wordpress is free. To host this is also cheaper. Next to that there will be more freedom, functionalities and options in building the webpage. You only pay for extra's plugins or theme's if needed. It also gives us the possibility to allow someone acces to the backend of the webpage to make changes without getting into the hosting account with acces to all the information (finances, ownership of products, etc)

- 4. Yearly costs upcoming 3 years:
- Year 1: \$124,19 (domain name + hosting 3 years)
- Year 2: \$35,98 (domain names)
- Year 3: \$35,98 (domain names)
- Year 4: \$323,62 (domain names + hosting 3 years
- Year 5: \$35,98 (domain names)
- Year 6: \$35,98 (domain names)

Average yearly amount: \$98,62

Proposal Webpage www.nahelp.org FSC 2020

What is needed to make this happen?

Steps:

- Build webpage offline (as good as done already)
- 2. Buy hosting for the first 3 years.
- 3. Move 1 domain name: www.nahelp.org
- Import the webpage on that Wordpress installation. (anonymifoundation.org will stay online, the current webpage is build on this name and the <u>nahelp.org</u> just links forward to it).
- 5. Move the second domain name: anonymifoundation.org

This way we can rebuilt the webpage without major changes in the way it looks, put the new one online before the old one is taken off, and keep ownership of our domain names.

Group Contact: Remon H. +31(0)642091629

2021-E The Rabbit Meeting

To have line numbers and page numbers on every piece of review and input literature."

INTENT 1- "To keep our review and input literature consistent, and to make it easier for input to be understood when submitted."

Group Contact: Bill C. (610)809-9771

2021-F The Rabbit Meeting

To have the name of the group added to the review and input literature."

INTENT 2 – "To make available the group name that has written a piece of literature. The group can be asked questions during the input and review process"

Group Contact: Bill C. (610)809-9771

Motions being brought back to The FSC 2021

Motion 1

Submitted by: Never Alone, Never Again Group of Texas Group

Contact: Travis (828)734-1877

Motion: ASIS maintain a stock of \$1,000 worth of literature and phone number

where groups can order literature.

Intent: To function more as a formal service center

*This will be considered a second year motion when it comes back

MOTION 2019 H

GSRs, ASRs, RSRs, or any other Representative empowered by a Group to bring its conscience may not submit reasons for votes unless the Group has instructed them to do so, even if they have knowledge of such.

This motion failed with 78.6% approval from Groups. This motion can be brought back if a Group chooses to bring

it back. The Group that made this motion has become a meeting. So it would have to be picked up by a different Group if it does not pass in 2021.

Contact: Chubs (775)990-3509

*This will be considered a second year motion when it comes back

Motion number 2020 A

The Groups of the FSC approve the IP "A view of NA Groups Conscience"

Motion number 2020 A, Intent number 1

To provide in information as a blueprint for understanding Group Conscience, establishing an atmosphere of recovery to protect the integrity of the NA message.

Motion number 2020 A, Intent number 2 To copyright this IP.

NA GROUP CONSCIENCE MEETING

As a Group we believe in distinguishing the conscience of the Group from everything else. Because of this distinction, we have our Group conscience Meeting on a separate day or time. In fact, in some parts of the world, it is common for a Group to have a separate Group conscience meeting. We dedicate our Group conscience meeting to God and use it as a vehicle to discover His will for our Group. Carrying the message is so important that many Groups take inventory regularly to help insure that our primary purpose is still in focus. We want to assure ourselves through the inventory process that God's will is running the meetings. The process of taking our Group's inventory is the best effort we can make in allowing a loving God to influence the Group. This allows the Group to present an atmosphere of recovery which makes it easier for God's voice to be heard.

The format we use is simple and allows for free, orderly discussion between Group members. It stresses for our members to express their feelings on how we have been carrying the NA message. It also allows us to add or detract from our Group format to adjust for changing times, as well as providing a place where members may discuss matters affecting NA as a whole. In essence, our Group conscience meeting is ideally a purely spiritual event where we can feel God's presence in the room. Each Homegroup member seeks their own conscience through conscious contact with their Higher Power and brings it to the Group.

Here is a typical meeting format.

- Moment of silence/opening prayer
- 2. The complete 2nd Tradition is read from the book Narcotics Anonymous Basic Text.

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- New business. Everyone's input is needed. Group conscience is impossible without every member participating. This is where we might discuss other concerns like format changes. Unless everyone is on the same page and in agreement we do not change anything on the spot. We table it until the next time we meet while we pray, meditate and talk to our sponsors about it. At that time, the concerns become old business. This is what we know as a true Group conscience. There is no need for a sense of urgency or time sensitivity. If it's a good idea today, it will be a good idea tomorrow. After all of the Group concerns are taken care of, other service boards or committee's concerns may be addressed.





A View of Narcotics Anonymous Group Conscience

Anonymi Foundation P.O. Box 4404 Allentown PA 18105 TM 05/24/2019 www.nahelp.org www.nahelp.nl

A VIEW OF NARCOTICS ANONYMOUS GROUP CONSCIENCE

A Narcotics Anonymous Group is any meeting of two or more recovering addicts who meet regularly at a specific time and place for the purpose of recovery from the disease of addiction. All NA Groups are bound by the principles of the Twelve Steps and Twelve Traditions of NA. Each Group has but one primary purpose—to carry our message of recovery to the addict who still suffers. It is the most powerful vehicle for carrying that message.

The definition of conscience is a personal awareness of right and wrong that one uses to guide their actions to do right.

Our Second Tradition states, "For our Group purpose there is but one ultimate authority-a loving God as He may express Himself in our Group conscience, our leaders are but trusted servants, they do not govern."

Every Group should have a conscience. A Group without a conscience is an unconscious Group. A Group conscience is where we all come together and invite a loving Higher Power to guide us as stated in our Second Tradition. True Group conscience is a collective Eleventh Step applied to a single issue. It is the utilization of spiritual principles by members of a Group to preserve the common welfare and fulfill the primary purpose of the Group. It is developed by first inviting a loving God to express Himself and then listening to what He delivers through the voice of each and every member. All members should be encouraged to achieve an understanding of the first three Steps. Group conscience in NA is the

responsibility of the NA Group and its members. When we surrender and seek out a loving Higher Power's will in our Groups we can obtain a true Group conscience. A Group conscience develops as a result of the process; indeed it is not the process itself.

When the NA Traditions were transcribed from AA, Group conscience was only a theory. Our predecessors said that they believed in something that did not exist. It is no longer a theory; Group conscience is now a reality.

"Group conscience is a collective understanding of, awareness of, and surrender to the principles within the Group; it is the basis of our decision making process." – An Addict.

Groups are autonomous and can function as they choose. However, it is important for a Group to strive for unanimity. In other words, make every effort to be 100% in agreement. The unanimous based process works well within an NA Group. The purpose of unanimity is so that everyone should be on the same page when guiding the Group. That way we have a single voice and not multiple voices going on at the same time. The benefit of unanimity is unity. All input should be considered equally from every member. Care should be taken to insure that everyone feels safe speaking their conscience. There are no big I's and little you's.

WHAT IS NOT NA GROUP CONSCIENCE?

Conscience is not a popularity contest. Too often we have seen a strong personality sway the Groups' decisions. In Group conscience, what is best for the Group and its members, including those members yet to

come, is usually best for the individual. It holds more importance than the personalities involved and is not about control or forcing self-will upon the Group.

Group conscience is not what happens in committee. Groups take instruction only from a loving God as expressed in Group conscience. Therefore, on issues that affect NA, the membership must be consulted directly so that the will of a loving God can be channeled through that process. Then the Groups are able to direct the service structure as to how to serve. Motions should originate only from an NA Group conscience. There is no "conscience" beyond the Group. Every other level of service merely compiles the conscience of NA Groups.

Group conscience is not a matter of simple vote. Instead it is a collective expression of every member's input. The business of the Group, defined by us as "How we spend the material component of the Seventh Tradition", is and always will be distinct from the spiritual business of the Group. The spiritual conscience of the Group influences how the money is spent. Ideally, the business of the Group will follow the conscience of the Group.

Robert's Rules of Order are not Group conscience. They were created to run government; therefore they are a form of governing which conflicts with the Second Tradition. Robert's Rules leaves the minority feeling marginalized. Its goal is to structure the debate and passage of proposals that win approval through majority vote. This process does not emphasize the goal of full agreement. Robert's Rules should not be used in a Groups conscience.

IP from A Different Look Group attached

Motion 2020 B

Motion number 2020 B. The Groups of the FSC approve the IP "Total Abstinence".

Motion number 2020 B, Intent number 1: To define what being clean is in NA.

Motion number 2020 B. Intent number 2: To copyright protect this IP.

Motioning Group Contact: Alan F. - Phone (215) 499-0864

*This motion is currently tabled but will be coming back please refer to earlier notes in minutes. Will make sure how the HG decides to proceed is put out to Groups ASAP

Motion number 2020 D

To approve the I.P. Total Abstinence

Intent: to clarify our message of Total Abstinence within the Fellowship of NA. This issue is a major concern within the Fellowship where we are allowing a corporation to define our message as being other than total abstinence. This I.P. clarify our message of total abstinence. It also has been out since 2013 for input and review with no input coming since 2013.

Footnote: It is already approved by are Home Group and Other Home Groups in NA. It is on many of tables that Groups have approved this I.P it has gone through the test of time.

Motioning Group Contact: Bill A. (484) 951-3305

*This motion is currently tabled but will be coming back please refer to earlier notes in minutes. Will make sure how the HG decides to proceed is put out to Groups ASAP

Treasurer's Report

\$438 collected at the meeting yesterday was offered to Mickey and Sandy. Money collected was donated to the literature stockpile.

All deposits for Hamburg last year go towards Hamburg next year.

Hermen showed what the web page would look like if we transferred the web hosting.

Elections

Co-Chair 4 Year commitment Erik currently holds the position. (2 years as co-chair, 2 years as Chair if elected.

Secretary 1 year commitment Matt nominated Alyssa-Passed

Co-secretary 2 year commitment Chubs nominated Echo- Passed (1 year as co-secretary, 1 year as secretary if elected)

Literature Coordinator-

Ronnie B. was nominated by Bill A. – Ronnie declined.

Matt was nominated by Alyssa and Echo for Literature Coordinator.

Bill A. described the responsibilities of the Literature Coordinator.

Discussed having a Co-Literature Coordinator position. (We do not have a Co-Literature Coordinator as there was no proposal from the Groups to have one.)

Matt declined the nomination and said he would get with the literature coordinator to learn how it was done.

End Of Meeting – Closing Prayer

Post Conference

Was discussed that secretaries can use audio recording to record conferences and make minutes in the future. It will have to be made clear to those attending future FSC's that this is happening at the beginning of the conference. After final minutes are submitted, audio files are to be deleted.

After the conference when putting these minutes together I checked the file that was sent in the email for "A View Of NA Group Conscience" from A Different Look Group and the one that was put out to the Groups to vote on did not match the one that was to be conscienced that was sent in the email to the past chair servant. The correct version will be made available so there is no question regarding this motion going forward. We also are including the IPs written out in the minutes not links this year to help with clarity.

This is the IP that went out to the Groups to be conscienced.

HERE IS A TYPICAL MEETING FORMAT.

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- 8. Closing Prayer

W W W . N A H E L P . N L



Anonymi Foundation P.O. Box 4404 Allentown PA 18105

TM 03/02/2016

Literary Work in progress.
Please copy and share this with your local
Home Group for Review and Input

This document was written in open participation by members of the Groups of The Anonymi Foundation.

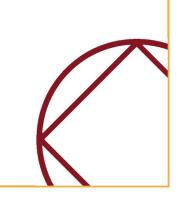
Please send your input to nahelp.org@gmail.com

WWW.NAHELP.ORG

NARCOTICS ANONYMOUS



A VIEW OF NARCOTICS ANONYMOUS GROUP CONSCIENCE



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Anonymi Foundation P.O. Box 4404 Allentown PA 18105 TM 05/24/2019 www.nahelp.org www.nahelp.nl

A VIEW OF NARCOTICS ANONYMOUS GROUP CONSCIENCE

A Narcotics Anonymous Group is any meeting of two or more recovering addicts who meet regularly at a specific time and place for the purpose of recovery from the disease of addiction. All NA Groups are bound by the principles of the Twelve Steps and Twelve Traditions of NA. Each Group has but one primary purpose—to carry our message of recovery to the addict who still suffers. It is the most powerful vehicle for carrying that message.

The definition of conscience is a personal awareness of right and wrong that one uses to guide their actions to do right.

Our Second Tradition states, "For our Group purpose there is but one ultimate authority-a loving God as He may express Himself in our Group conscience, our leaders are but trusted servants, they do not govern."

Every Group should have a conscience. A Group without a conscience is an unconscious Group. A Group conscience is where we all come together and invite a loving Higher Power to guide us as stated in our Second Tradition. True Group conscience is a collective Eleventh Step applied to a single issue. It is the utilization of spiritual principles by members of a Group to preserve the common welfare and fulfill the primary purpose of the Group. It is developed by first inviting a loving God to express Himself and then listening to what He delivers through the voice of each and every member. All members should be encouraged to achieve an understanding of the first three Steps. Group conscience in NA is the

responsibility of the NA Group and its members. When we surrender and seek out a loving Higher Power's will in our Groups we can obtain a true Group conscience. A Group conscience develops as a result of the process; indeed it is not the process itself.

When the NA Traditions were transcribed from AA, Group conscience was only a theory. Our predecessors said that they believed in something that did not exist. It is no longer a theory; Group conscience is now a reality.

"Group conscience is a collective understanding of, awareness of, and surrender to the principles within the Group; it is the basis of our decision making process." – An Addict.

Groups are autonomous and can function as they choose. However, it is important for a Group to strive for unanimity. In other words, make every effort to be 100% in agreement. The unanimous based process works well within an NA Group. The purpose of unanimity is so that everyone should be on the same page when guiding the Group. That way we have a single voice and not multiple voices going on at the same time. The benefit of unanimity is unity. All input should be considered equally from every member. Care should be taken to insure that everyone feels safe speaking their conscience. There are no big I's and little you's.

WHAT IS NOT NA GROUP CONSCIENCE?

Conscience is not a popularity contest. Too often we have seen a strong personality sway the Groups' decisions. In Group conscience, what is best for the Group and its members, including those members yet to

come, is usually best for the individual. It holds more importance than the personalities involved and is not about control or forcing self-will upon the Group.

Group conscience is not what happens in committee. Groups take instruction only from a loving God as expressed in Group conscience. Therefore, on issues that affect NA, the membership must be consulted directly so that the will of a loving God can be channeled through that process. Then the Groups are able to direct the service structure as to how to serve. Motions should originate only from an NA Group conscience. There is no "conscience" beyond the Group. Every other level of service merely compiles the conscience of NA Groups.

Group conscience is not a matter of simple vote. Instead it is a collective expression of every member's input. The business of the Group, defined by us as "How we spend the material component of the Seventh Tradition", is and always will be distinct from the spiritual business of the Group. The spiritual conscience of the Group influences how the money is spent. Ideally, the business of the Group will follow the conscience of the Group.

Robert's Rules of Order are not Group conscience. They were created to run government, therefore they are a form of governing which conflicts with the Second Tradition. Robert's Rules leaves the minority feeling marginalized. Its goal is to structure the debate and passage of proposals that win approval through majority vote. This process does not emphasize the goal of full agreement. Robert's Rules should not be used in a Groups conscience.