

## Ego

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### Pg. 1

Line 2- First sentence- Ego is the main thing that affects us addicts.

\*Should be Ego is **one of** the main things that affects us **as** addicts.

Line 3- comma after universe should be a semi colon (;). **and needs** should be added after wants.

\*Whole sentence should read: We made ourselves the center of the universe; thinking only of our own wants **and needs**.

Line 4- Remove **or feel connected** from sentence.

\*Whole sentence should read: We lived in isolation for so long that we forgot how to connect with other human beings.

Line 5- add **s** to other. Remove **human beings**. Lower case **b** for Because. Replace **were** with **felt**. Remove quotes around better than and worse than on line 6.

\*Whole sentence should read: We could not relate to others **because** we **felt** better than or worse than.

Line 8- change **self-pride** to just **pride**.

Line 11- **self esteem** should be **self-esteem**. Remove comma after **progressed**.

Line 15- Replace **because of** with **by**

Line 16- Replace **no** with **lost**. Replace **over** with **of our**. Replace **or** with **and**.

\*Whole sentence should read: Finally, in desperation we could see that we had **lost** control **of our** using **and** our lives.

Line 18- Add **our** in between **admit** and fears. Remove comma after **fears**.

Line 20- Replace **lose** with **lost**.

Line 21- Insert a period after **reality**. Replace **a** with **the**.

\*Sentences should read: In our self-obsession we **lost** the ability to see reality. Hope is **the** new reality we find in NA.

## **Pg. 2**

Line 2- Remove comma after **NA**.

Line 4- Remove comma after **help**. Insert comma after **us**.

Line 6- Group questioned whether there should be a reference to where quote is in the Basic text but could not decide if it was appropriate or not. Example: (Basic Text, Step One, Pg. 18)

\*Whole sentence could read: Our Basic Text tells us, "We begin by asking for help, and this is accomplished by working the Twelve Steps. The foundation is the admission that we, of ourselves, have no power over addiction." (Basic Text, Step One, Pg. 18)

Line 7- Remove comma after **difficult**.

Line 9- Replace **rooms** with **Fellowship**. Remove **us**. Replace **You** with **We**.

\*Sentences should read: It is important to understand that we are not alone and that others in the **Fellowship** can help. **We** are not alone.

Line 11- Remove **and be part of**. Replace **being alone** with **loneliness**.

Line 12- Replace **astray** with **away**. Replace **connection** with **connecting**. Replace **our Higher Power and** with **a Power greater than ourselves**. Insert a period after **ourselves**. Capitalize **e** in **Ego**.

Line 13- Remove quotation marks around **better than** and **worse than**. Remove **again**.

\*Sentences should read: We want to fit in, yet we fear rejection and **loneliness**. This leads us **away** from **connecting** with **a Power great than ourselves**. **Ego** and self-centeredness take control. Feeling better than or worse than can make us want to leave NA.

Line 17- Replace **By** with **Ego is**. Replace **living** with **live**. Insert **own** in between **our** and **way**. Insert a period after **way**. Replace **again** with **When we do this, we Edge. God. Out**.

Line 18- Replace **in** with **from**. Capitalize **Fellowship**. Insert **us** in between **lead** and **to**. Rearrange **spiritual, mental** to **mental, spiritual** as in the Basic Text.

Line 19- Remove **Surely drug use will follow in the end**. Remove **either**

Line 20- Remove **put us on our knees in pain or**. Replace **horrors** with **physical use**

Line 21- Replace **using again** with **of drugs**.

\*Paragraph should read: **Ego is** thinking we can do it alone and **live** our **own** way. **When we do this we Edge. God. Out.** Following our ego and isolating ourselves **from** the **Fellowship** will lead **us** to **mental, spiritual,** and emotional relapse. We know that ego will lead us back to a life of isolation followed by the **physical use of drugs**. Our ego has to go if we want to survive and stay clean.

### **Pg. 3**

Line 2- Replace colon with a comma after **us**.

Line 4- Quote from Basic text had some errors. There should be a comma after **disease. Life** should be **lives**. If reference is used in the first quote from page two, the same rule should apply to this quote. Example: (Basic Text, Step One, pg. 17)

Lines 6-8- Group wanted these sentences to be removed or added in somewhere else after being reworded. The paragraph is fragmented and does not seem to fit here.

Lines 10-21- The quote from *one member shares*: has many grammatical errors and the Group thought that is it is to be used needs to be changed. We did not see how we could edit a quote if it's actually what the member said but felt that this quote might not be best for this information pamphlet and could be removed.

### **Pg. 4**

Lines 1-5- quote on page 3 continued. Same thing applies. Edit quote grammatically or remove quote if it doesn't fit or add to the piece.

Line 7- Replace **bigger** with **greater**.

Line 8- Remove both **our's** before **ego** and **pride**. Capitalize **Ego**. Insert comma after **pride**.

Line 9- Remove **all our** before **spiritual principles**. Remove **In order**. Capitalized **For**. Capitalize **Program**.

Line 10- Insert period after **egos**. Remove **and** after **egos**. Capitalize **We**. Insert **must** after **We**. Capitalize **ME** and at quotes. Remove **being a part of** with **into**.

Line 11- Capitalize **WE** and add quotes.

\*Paragraph should read: When we surrender our ego, we can become part of something greater than ourselves. We must do this if we are to grow. Ego walks hand in hand with pride,

cutting us off from spiritual principles. For the principles of our Program to work we must surrender our individual egos. We must get out of the "ME" and into the "WE".